3rd Trampoline & Tumbling Junior World Championships and 32nd World Age Group Competitions

NANJING (CHN) / 11 November - 15 November 2026

COMPETITION SCHEDULE | version **20.10.2026**

Wednesday 11 November 2026

T	Training Hall	
TRA	TUM	DMT
Training [09:00 - 18:00] Refer to Training Schedule	Training [09:00 - 18:00] Refer to Training Schedule	Training [09:00 - 18:00] Refer to Training Schedule

W	Warm-up Hall*			
from	to	TRA BOYS Warm-up	TRA GIRLS Warm-up	TUM Warm-up	DMT Warm-up
08:10	08:50				
17:50	18:20	13-14 SYN Boys - Group 1	13-14 SYN Girls - Group 1	11-12 Boys - Group 1	11-12 Girls - Group 1
18:20	18:50	13-14 SYN Boys - Group 2	13-14 SYN Girls - Group 2	11-12 Boys - Group 2	11-12 Girls - Group 2
18:50	19:20	13-14 SYN Boys - Group 3	13-14 SYN Girls - Group 3		11-12 Girls - Group 3
19:20	19:50		11-12 SYN MX - Group 1		
19:50	20:20		11-12 SYN MX - Group 2		

C	Field of Play / Competition Hall				
from	to	TRA BOYS	TRA GIRLS	TUM	DMT
QUALIFICATION					
18:00	18:30	Opening Ceremony			
18:30	19:00	13-14 SYN Boys - Group 1	13-14 SYN Girls - Group 1	11-12 Boys - Group 1	11-12 Girls - Group 1
19:00	19:30	13-14 SYN Boys - Group 2	13-14 SYN Girls - Group 2	11-12 Boys - Group 2	11-12 Girls - Group 2
19:30	20:00	13-14 SYN Boys - Group 3	13-14 SYN Girls - Group 3		11-12 Girls - Group 3
20:00	20:30		11-12 SYN MX - Group 1		
20:30	21:00		11-12 SYN MX - Group 2		

Thursday 12 November 2026

T	Training Hall	
TRA	TUM	DMT
Training [09:00 - 19:00] Refer to Training Schedule	Training [09:00 - 19:00] Refer to Training Schedule	Training [09:00 - 19:00] Refer to Training Schedule

W	Warm-up Hall*			
from	to	TRA BOYS Warm-up	TRA GIRLS Warm-up	TUM Warm-up	DMT Warm-up
07:55	08:50	17-21 IND Boys - Group 1	17-21 IND Girls - Group 1		
08:50	09:45	17-21 IND Boys - Group 2	17-21 IND Girls - Group 2		11-12 Boys - Group 1
09:45	10:40	17-21 IND Boys - Group 3	17-21 IND Girls - Group 3		11-12 Boys - Group 2
10:40	11:35	17-21 IND Boys - Group 4	17-21 IND Girls - Group 4		11-12 Boys - Group 3
11:35	12:30				
12:30	13:25	17-21 IND Boys - Group 5	17-21 IND Girls - Group 5		13-14 Girls - Group 1
13:25	14:20	17-21 IND Boys - Group 6	17-21 IND Girls - Group 6	17-21 Girls - Group 1	13-14 Girls - Group 2
14:20	15:15	17-21 IND Boys - Group 7	17-21 IND Girls - Group 7	17-21 Girls - Group 2	13-14 Girls - Group 3
15:15	16:10	17-21 IND Boys - Group 8		17-21 Girls - Group 3	13-14 Girls - Group 4
16:40	17:20	11-12 IND Boys - Group 1	11-12 IND Girls - Group 1	17-21 Boys - Group 1	13-14 Boys - Group 1
17:20	18:00	11-12 IND Boys - Group 2	11-12 IND Girls - Group 2	17-21 Boys - Group 2	13-14 Boys - Group 2
18:00	18:40	11-12 IND Boys - Group 3	11-12 IND Girls - Group 3	17-21 Boys - Group 3	13-14 Boys - Group 3
18:40	19:20	11-12 IND Boys - Group 4	11-12 IND Girls - Group 4		13-14 Boys - Group 4
19:50	20:20		11-12 IND Girls - Final	17-21 Boys - Final	13-14 Girls - Final
20:20	20:50	11-12 IND Boys - Final		17-21 Girls - Final	13-14 Boys - Final

C	Field of Play / Competition Hall				
from	to	TRA BOYS	TRA GIRLS	TUM	DMT
QUALIFICATION					
09:00	09:55	17-21 IND Boys - Group 1	17-21 IND Girls - Group 1		
09:55	10:50	17-21 IND Boys - Group 2	17-21 IND Girls - Group 2		11-12 Boys - Group 1
10:50	11:45	17-21 IND Boys - Group 3	17-21 IND Girls - Group 3		11-12 Boys - Group 2
11:45	12:40	17-21 IND Boys - Group 4	17-21 IND Girls - Group 4		11-12 Boys - Group 3
12:40	13:35				
13:35	14:30	17-21 IND Boys - Group 5	17-21 IND Girls - Group 5		13-14 Girls - Group 1
14:30	15:25	17-21 IND Boys - Group 6	17-21 IND Girls - Group 6	17-21 Girls - Group 1	13-14 Girls - Group 2
15:25	16:20	17-21 IND Boys - Group 7	17-21 IND Girls - Group 7	17-21 Girls - Group 2	13-14 Girls - Group 3
16:20	17:15	17-21 IND Boys - Group 8		17-21 Girls - Group 3	13-14 Girls - Group 4
17:30	18:10	11-12 IND Boys - Group 1	11-12 IND Girls - Group 1	17-21 Boys - Group 1	13-14 Boys - Group 1
18:10	18:50	11-12 IND Boys - Group 2	11-12 IND Girls - Group 2	17-21 Boys - Group 2	13-14 Boys - Group 2
18:50	19:30	11-12 IND Boys - Group 3	11-12 IND Girls - Group 3	17-21 Boys - Group 3	13-14 Boys - Group 3
19:30	20:10	11-12 IND Boys - Group 4	11-12 IND Girls - Group 4		13-14 Boys - Group 4
FINALS					
20:30	21:00		11-12 IND Girls - Final	17-21 Girls - Final	13-14 Girls - Final
21:00	21:30	11-12 IND Boys - Final		17-21 Boys - Final	13-14 Boys - Final
21:35	22:00	Award Ceremonies			

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Friday 13 November 2026

T	Training Hall	
TRA	TUM	DMT
Training [09:00 - 19:00] Refer to Training Schedule	Training [09:00 - 19:00] Refer to Training Schedule	Training [09:00 - 19:00] Refer to Training Schedule

W	Warm-up Hall*				
from	to	TRA BOYS Warm-up	TRA GIRLS Warm-up	TUM Warm-up	DMT Warm-up
09:00	09:50	JWCh IND Boys Q1 - Group 1	JWCh IND Girls Q1 - Group 1	JWCh Boys Q1 - Group 1	JWCh Girls Q1 - Group 1
09:50	10:40	JWCh IND Boys Q1 - Group 2	JWCh IND Girls Q1 - Group 2	JWCh Boys Q1 - Group 2	JWCh Girls Q1 - Group 2
10:40	11:30	JWCh IND Boys Q1 - Group 3	JWCh IND Girls Q1 - Group 3	JWCh Boys Q1 - Group 3	JWCh Girls Q1 - Group 3
11:30	12:20	JWCh IND Boys Q1 - Group 4	JWCh IND Girls Q1 - Group 4	JWCh Boys Q1 - Group 4	
13:00	13:50	JWCh IND Boys Q1 - Group 5	JWCh IND Girls Q1 - Group 5	JWCh Girls Q1 - Group 1	JWCh Boys Q1 - Group 1
13:50	14:40	JWCh IND Boys Q1 - Group 6	JWCh IND Girls Q1 - Group 6	JWCh Girls Q1 - Group 2	JWCh Boys Q1 - Group 2
14:40	15:30	JWCh IND Boys Q1 - Group 7	JWCh IND Girls Q1 - Group 7	JWCh Girls Q1 - Group 3	JWCh Boys Q1 - Group 3
15:30	16:20	JWCh IND Boys Q1 - Group 8		JWCh Girls Q1 - Group 4	JWCh Boys Q1 - Group 4
17:00	17:50	JWCh SYN Boys Q1 - Group 1	JWCh SYN Girls Q1 - Group 1		17-21 Girls - Group 1
17:50	18:40	JWCh SYN Boys Q1 - Group 2	JWCh SYN Girls Q1 - Group 2		17-21 Girls - Group 2
18:40	19:30	JWCh SYN Boys Q1 - Group 3	JWCh SYN Girls Q1 - Group 3		17-21 Girls - Group 3

C	Field of Play / Competition Hall				
from	to	TRA BOYS	TRA GIRLS	TUM	DMT
QUALIFICATION					
10:00	10:50	JWCh IND Boys Q1 - Group 1	JWCh IND Girls Q1 - Group 1	JWCh Boys Q1 - Group 1	JWCh Girls Q1 - Group 1
10:50	11:40	JWCh IND Boys Q1 - Group 2	JWCh IND Girls Q1 - Group 2	JWCh Boys Q1 - Group 2	JWCh Girls Q1 - Group 2
11:40	12:30	JWCh IND Boys Q1 - Group 3	JWCh IND Girls Q1 - Group 3	JWCh Boys Q1 - Group 3	JWCh Girls Q1 - Group 3
12:30	13:20	JWCh IND Boys Q1 - Group 4	JWCh IND Girls Q1 - Group 4	JWCh Boys Q1 - Group 4	
14:00	14:50	JWCh IND Boys Q1 - Group 5	JWCh IND Girls Q1 - Group 5	JWCh Girls Q1 - Group 1	JWCh Boys Q1 - Group 1
14:50	15:40	JWCh IND Boys Q1 - Group 6	JWCh IND Girls Q1 - Group 6	JWCh Girls Q1 - Group 2	JWCh Boys Q1 - Group 2
15:40	16:30	JWCh IND Boys Q1 - Group 7	JWCh IND Girls Q1 - Group 7	JWCh Girls Q1 - Group 3	JWCh Boys Q1 - Group 3
16:30	17:20	JWCh IND Boys Q1 - Group 8		JWCh Girls Q1 - Group 4	JWCh Boys Q1 - Group 4
18:00	18:50	JWCh SYN Boys Q1 - Group 1	JWCh SYN Girls Q1 - Group 1		17-21 Girls - Group 1
18:50	19:40	JWCh SYN Boys Q1 - Group 2	JWCh SYN Girls Q1 - Group 2		17-21 Girls - Group 2
19:40	20:30	JWCh SYN Boys Q1 - Group 3	JWCh SYN Girls Q1 - Group 3		17-21 Girls - Group 3

***Access to the Stretching Area is permitted 30 minutes in advance of the time indicated, for a general warm-up period prior to the allocated session using the apparatus**

Saturday 14 November 2026

T	Training Hall	
TRA	TUM	DMT
Training [09:00 - 19:00] Refer to Training Schedule	Training [09:00 - 19:00] Refer to Training Schedule	Training [09:00 - 19:00] Refer to Training Schedule

W	Warm-up Hall*				
from	to	TRA BOYS Warm-up	TRA GIRLS Warm-up	TUM Warm-up	DMT Warm-up
08:05	08:50	13-14 IND Boys - Group 1	13-14 IND Girls - Group 1		
08:50	09:35	13-14 IND Boys - Group 2	13-14 IND Girls - Group 2		
09:35	10:20	13-14 IND Boys - Group 3	13-14 IND Girls - Group 3	11-12 Girls - Group 1	17-21 Boys - Group 1
10:20	11:05	13-14 IND Boys - Group 4	13-14 IND Girls - Group 4	11-12 Girls - Group 2	17-21 Boys - Group 2
11:05	11:50	13-14 IND Boys - Group 5	13-14 IND Girls - Group 5	11-12 Girls - Group 3	17-21 Boys - Group 3
11:50	12:35	13-14 IND Boys - Group 6	13-14 IND Girls - Group 6		17-21 Boys - Group 4
12:35	13:20	11-12 SYN Boys - Group 1	11-12 SYN Girls - Group 1	13-14 Girls - Group 1	
13:20	13:50	11-12 SYN Boys - Group 2	11-12 SYN Girls - Group 2	13-14 Girls - Group 2	
13:50	14:20	17-21 SYN Boys - Group 1	17-21 SYN Girls - Group 1	13-14 Girls - Group 3	
14:20	14:50	17-21 SYN Boys - Group 2	17-21 SYN Girls - Group 2	13-14 Girls - Group 4	
14:50	15:20	17-21 SYN Boys - Group 3	17-21 SYN Girls - Group 3	13-14 Boys - Group 1	
15:20	15:50	17-21 SYN Boys - Group 4		13-14 Boys - Group 2	
15:50	16:20	JWCh SYN Boys Q2 - Group 1		13-14 Boys - Group 3	
16:20	16:50	JWCh SYN Boys Q2 - Group 2		JWCh Boys Q2 - Group 1	JWCh Girls Q2 - Group 1
16:50	17:20			JWCh Boys Q2 - Group 2	JWCh Girls Q2 - Group 2
17:20	17:50			JWCh Girls Q2 - Group 1	JWCh Boys Q2 - Group 1
17:50	18:20			JWCh Girls Q2 - Group 2	JWCh Boys Q2 - Group 2
18:20	18:50	11-12 SYN Boys - Final	11-12 SYN Girls - Final	13-14 Boys - Final	
18:50	19:25	13-14 SYN Boys - Final	13-14 SYN Girls - Final		17-21 Boys - Final
19:25	20:00	17-21 SYN Boys - Final	17-21 SYN Girls - Final	13-14 Girls - Final	

C	Field of Play / Competition Hall				
from	to	TRA BOYS	TRA GIRLS	TUM	DMT
QUALIFICATION					
09:00	09:45	13-14 IND Boys - Group 1	13-14 IND Girls - Group 1		
09:45	10:30	13-14 IND Boys - Group 2	13-14 IND Girls - Group 2		
10:30	11:15	13-14 IND Boys - Group 3	13-14 IND Girls - Group 3	11-12 Girls - Group 1	17-21 Boys - Group 1
11:15	12:00	13-14 IND Boys - Group 4	13-14 IND Girls - Group 4	11-12 Girls - Group 2	17-21 Boys - Group 2
12:00	12:45	13-14 IND Boys - Group 5	13-14 IND Girls - Group 5	11-12 Girls - Group 3	17-21 Boys - Group 3
12:45	13:30	13-14 IND Boys - Group 6	13-14 IND Girls - Group 6		17-21 Boys - Group 4
13:30	14:00	11-12 SYN Boys - Group 1	11-12 SYN Girls - Group 1	13-14 Girls - Group 1	
14:00	14:30	11-12 SYN Boys - Group 2	11-12 SYN Girls - Group 2	13-14 Girls - Group 2	
14:30	15:00	17-21 SYN Boys - Group 1	17-21 SYN Girls - Group 1	13-14 Girls - Group 3	
15:00	15:30	17-21 SYN Boys - Group 2	17-21 SYN Girls - Group 2	13-14 Girls - Group 4	
15:30	16:00	17-21 SYN Boys - Group 3	17-21 SYN Girls - Group 3	13-14 Boys - Group 1	
16:00	16:30	17-21 SYN Boys - Group 4		13-14 Boys - Group 2	
16:30	17:00	JWCh SYN Boys Q2 - Group 1		13-14 Boys - Group 3	
17:00	17:30	JWCh SYN Boys Q2 - Group 2		JWCh Boys Q2 - Group 1	JWCh Girls Q2 - Group 1
17:30	18:00			JWCh Boys Q2 - Group 2	JWCh Girls Q2 - Group 2
18:00	18:30			JWCh Girls Q2 - Group 1	JWCh Boys Q2 - Group 1
18:30	19:00			JWCh Girls Q2 - Group 2	JWCh Boys Q2 - Group 2
FINALS					
19:00	19:35	11-12 SYN Boys - Final	11-12 SYN Girls - Final	13-14 Boys - Final	
19:35	20:10	13-14 SYN Boys - Final	13-14 SYN Girls - Final		17-21 Boys - Final
20:10	20:45	17-21 SYN Boys - Final	17-21 SYN Girls - Final	13-14 Girls - Final	
20:45	21:30	Award Ceremonies			

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NANJING (CHN) / 11 November - 15 November 2026

COMPETITION SCHEDULE | **version** | **20.10.2026**

Sunday 15 November 2026

T	Training Hall	
TRA	TUM	DMT
Training [09:00 - 18:00] Refer to Training Schedule	Training [09:00 - 18:00] Refer to Training Schedule	Training [09:00 - 18:00] Refer to Training Schedule

W	Warm-up Hall*				
from	to	TRA BOYS Warm-up	TRA GIRLS Warm-up	TUM Warm-up	DMT Warm-up
09:20	09:50		13-14 IND Girls - Final	11-12 Boys - Final	
09:50	10:20	13-14 IND Boys - Final		11-12 Girls - Final	
10:20	10:50		17-21 IND Girls - Final		11-12 Girls - Final
10:50	11:20	17-21 IND Boys - Final			11-12 Boys - Final
11:20	11:50		11-12 SYN Mixed - Final		17-21 Girls - Final
12:50	13:20	JWCh IND Boys Q2 - Group 1	JWCh IND Girls Q2 - Group 1		
13:20	13:50	JWCh IND Boys Q2 - Group 2	JWCh IND Girls Q2 - Group 2		
14:20	14:50		JWCh SYN Girls - Final	JWCh Boys - Final	
14:50	15:20	JWCh SYN Boys - Final			JWCh Girls - Final
16:05	16:35		JWCh IND Girls - Final		JWCh Boys - Final
16:35	17:05	JWCh IND Boys - Final		JWCh Girls - Final	

C	Field of Play / Competition Hall				
from	to	TRA BOYS	TRA GIRLS	TUM	DMT
FINALS					
10:00	10:30		13-14 IND Girls - Final	11-12 Boys - Final	
10:30	11:00	13-14 IND Boys - Final		11-12 Girls - Final	
11:00	11:30		17-21 IND Girls - Final		11-12 Girls - Final
11:30	12:00	17-21 IND Boys - Final			11-12 Boys - Final
12:00	12:30		11-12 SYN Mixed - Final		17-21 Girls - Final
12:30	13:15	Award Ceremonies			
JWCh Q2					
13:30	14:00	JWCh IND Boys Q2 - Group 1	JWCh IND Girls Q2 - Group 1		
14:00	14:30	JWCh IND Boys Q2 - Group 2	JWCh IND Girls Q2 - Group 2		
JWCh FINALS					
15:00	15:30		JWCh SYN Girls - Final	JWCh Boys - Final	
15:30	16:00	JWCh SYN Boys - Final			JWCh Girls - Final
16:00	16:30	Award Ceremonies			
16:45	17:15		JWCh IND Girls - Final		JWCh Boys - Final
17:15	17:45	JWCh IND Boys - Final		JWCh Girls - Final	
17:45	18:15	Award Ceremonies			
18:15	19:00	**Closing Ceremony**			

***Access to the Stretching Area is permitted 30 minutes in advance of the time indicated, for a general warm-up period prior to the allocated session using the apparatus**

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